Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 06:00 on Sunday 08 Jan 2023 until 23:59 on Monday 09 Jan 2023

Forecast Issued on Sunday 08 Jan 2023 at 02:51 by Met Office Aberdeen

Confidence: High for Sunday. High for cold and unsettled weather well into next week with snow at times

Headline for Sunday 08 Jan 2023: Cold and stormy with sleet and snow showers, heavy and prolonged in the north later

Mountain weather hazards on Sunday 08 Jan 2023

Blizzards Medium Likelihood	**Heavy persistent snow** Medium Likelihood	**Storm force winds** High Likelihood
Gales High Likelihood	**Severe chill effect** High Likelihood	**Poor visibility** Medium Likelihood
Thunderstorms Low Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Light snow	Heavy snow showers	Heavy snow showers	Heavy snow	Heavy snow	Partly cloudy (night)
Precipitation probability					
30%	30%	40%	60%	60%	30%

Forecast for Sunday 08 Jan 2023

Weather: Occasional sleet, snow and hail showers, these most frequent and heaviest across Argyll and southern Lochaber. More prolonged spells of sleet and snow, heavy at times, will develop across Argyll and southern Lochaber through the afternoon. Showers becoming less widespread in the evening.

Chance of cloud-free hill tops above 800m: 50%, best chance will be south of the Central Belt. A lot of cloud shrouding the summits expected in the north from mid-morning onwards

Low Cloud and visibility: Generally very good with great air clarity. Becoming poor in low cloud down to 600 metres and in snow, whiteout conditions developing at times especially across Lochaber and Argyll.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Sunday 08 Jan 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	57/69 S	59/72 S	54/70 S	43/56 S	28/36 S	24/31 S	22/29 SW
900	38/49 S	40/52 S	38/52 S	30/43 S	20/29 S	17/25 SW	15/21 SW
600	53/63 S	53/63 S	51/65 S	40/52 S	26/34 S	21/28 SW	18/24 SW
300	26/36 S	27/37 S	29/43 S	22/33 S	15/26 S	11/20 SW	10/16 SW
Glen	19/38 S	17/36 S	19/39 S	16/32 S	12/25 SW	9/20 SW	5/13 SW

Height (m)	Temperature / Feels Like (°C)						
1300	-4/-17	-6/-19	-5/-17	-4/-15	-3/-12	-3/-10	-3/-11
900	-2/-11	-2/-12	-2/-12	-2/-10	-1/-8	-0/-6	-1/-7
600	2/-8	1/-9	0/-9	1/-8	2/-5	2/-4	1/-4
300	4/-2	3/-4	3/-4	2/-4	3/-2	4/0	3/-0
Glen	6/1	5/0	5/0	4/-0	5/1	6/2	5/3
Freezing Level*	600m	500m	500m	600m	800m	900m	800m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

Severe gale or storm force winds expected across all ranges leading to severe wind chill and a risk of being blown over. Whiteout conditions with drifting snow expected at times chiefly across Argyll and southern Lochaber. Gusts to 75 mph expected across the Nevis ranges in the morning.

Forecast for Monday 09 Jan 2023

Weather: Sunny intervals and occasional snow showers at first. Strengthening westerly winds will bring more frequent and occasionally heavy sleet, snow and hail showers by late morning, these lasting into the afternoon. Showers easing after dark.

Maximum wind: Westerly 25 mph gusts 45 mph

Chance of cloud-free hill tops above 800m: 70%,

Low Cloud and visibility: Very good visibility with great air clarity, becoming poor for a time as showers pass by with cloud lowering to 750 metres.

Temperature: **Glens:** Minus 2 rising to 4 Celsius
At 800m: 0 Celsius
Freezing level: 800 to 1000 metres

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